



NATIONAL TEAM HANDBOOK 2025

January 1, 2025

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INTRODUCTION

Purpose

The purpose of the National Team Handbook is to keep athletes and coaches informed about Judo Canada's High Performance policies. It is the responsibility of athletes and coaches to read and understand the material in this handbook. If you are unclear on a certain policy, please contact the High Performance Director for further explanation (see Contact Persons on page 3).

Limitations

Certain policies may be changed from time to time. A policy change is considered effective upon its date of publication by Judo Canada, unless otherwise noted in the change notice. A change is deemed to be published on the date that the notice of change is emailed to the provincial associations. Policy changes will also be posted on Judo Canada's website, and we encourage you to visit it regularly.

Feedback

If you have specific recommendations with respect to policies in this manual, please direct them in writing to the High Performance Director. Written feedback is the only way to ensure full circulation of your ideas.

Athletes covered by the Handbook

Policies specified in this Handbook apply to all judokas identified as members of the National Team and other judokas selected by Judo Canada, as well as to all Canadian athletes who participate in events identified in this publication.

The High Performance Committee of Judo Canada essentially deals with and is responsible for carded athletes, junior (U21) world team members, cadet (U18) world team members, senior world team members and Olympic and Paralympic team members.

International Competition Access

Judo Canada does not have the resources to send athletes to all the international events that Canada may be invited to. A list of events that are "open" to the provinces **and athletes** will be published on Judo Canada's website, along with the selection criteria or **minimum performance standards required to attend** and application deadlines. It is the responsibility of provincial associations **or athletes** to apply for selection to such events by the indicated deadlines.

Athletes' Contact Information

To ensure that they receive National Team correspondence, athletes are responsible for providing Judo Canada with their email address and phone numbers. Keep Judo Canada's **High Performance Manager** updated on any changes to your contact information.

POLICY 1 - HIGH PERFORMANCE COMMITTEE

The High-Performance Committee's mission is to:

- Provide advice and recommendations to the High Performance Director in matters pertaining to Judo Canada's High Performance system and programs.
- Ensure that High Performance programs are implemented according to published policies.

The High Performance Committee is the authoritative body for the drafting and interpretation of policies in this handbook and may assign tasks and responsibilities to ensure the execution of the Committee's daily work as needed.

National team issues that are not covered by this handbook may arise from time to time. In such case, the High Performance Committee will be the authoritative body that will bring recommendations forward to the **High Performance Director** before a final decision is rendered.

From time to time, the High Performance Committee may make exceptions to certain policies if they judge that it is required for the benefit of the organization. Such exceptions must not be prejudicial to any athlete.

POLICY 2 - DEFINITION OF A "WIN" – DOMESTIC POINTS

The National Team Handbook definition of a win **for the domestic point system**, is as follows:

"A win is an advancement in the draw sheet, only when the bout was initiated (both competitors must make contact under fighting conditions)."

This means, for example, that "fusen-gachi" or advancement in the draw with a "bye" would not be considered as a win.

POLICY 3 - CLASSIFICATION OF INTERNATIONAL EVENTS

Judo Canada will use the IJF ranking events and the IJF World Ranking Lists (WRL). - Only events recognized by the IJF will grant points. https://www.ijf.org/wrl_downloads

Each age group will refer to their respective World Ranking List (WRL):

- Senior: Senior WRL
- U23: Senior WRL
- U21: Junior WRL
- U18: Cadet WRL

The official documents of the IJF will serve as the authority in this matter.

POLICY 4 - CLASSIFICATION OF DOMESTIC EVENTS

Domestic Tournaments Ranking Grid

Level	Tournaments 2025	Gold	Silver	Bronze	Top 6
1	Senior Open Nationals	50	35	25	15
2	Senior Quebec Open Senior Ontario Open Senior Edmonton International Senior Pacific International U21 Open Nationals	25	15	10	7
3	Senior Saskatchewan Open Senior Eastern Canadian Championships Senior Manitoba Open U21 Quebec Open U21 Ontario Open U21 Pacific International U21 Edmonton International U18 Open Nationals	15	10	7	

Rules applied for all domestic events:

1. An athlete must have at least two wins to receive points.
2. Points earned in domestic events are valid for one year only.
3. Points obtained at national tournaments in a lower or higher weight category will be taken into account at a rate of 50%

POLICY 5 - DETERMINATION OF NATIONAL TEAM POINTS RANKINGS

General

1. For Senior/U23 and Junior, only male and female Olympic weight divisions are eligible for points. However, points earned at the U18 Open Nationals in non-Olympic weight categories will be counted in the age specific Cadet ranking (see Age Specific, below).

2. Results of domestic competitions are valid for a period of 12 months from the date they were achieved.
3. In the event of a tie, the single best result of each athlete will be used to break the tie and, if needed, the second best result, and so on.

Age specific

4. For Senior athletes, only the IJF Senior World Ranking will be used.
5. For U23 athletes, the sum of total points in the IJF Senior World Ranking plus the best 5 results in the Domestic Ranking Grid (Policy 4).
6. For U21 athletes, the sum of total points in the IJF U21 World Ranking plus the best 5 results in the Domestic Ranking Grid (Policy 4)
7. For U18 athletes, the sum of total points in the IJF U18 World Ranking plus the best 5 results in the Domestic Ranking Grid (Policy 4)

IJF World Rankings can be found in the following link:

https://www.ijf.org/wrl_downloads

POLICY 6 - MINIMUM PERFORMANCE TO ATTEND INTERNATIONAL EVENTS

Introduction

All athletes attending international events must have met the established minimum performance standard. The goal is to have athletes competing at the proper level to ensure a beneficial and valuable competitive experience for their development.

General

1. In event with specific selection policy (Policy 11), the minimum performance standard will be stated in that policy.
2. To request an exemption from the High Performance Committee, see **Policy 10 “Exemption Request Procedure”**.

Senior Events

1. Senior World Championships: As per Specific Selection Criteria
2. IJF Masters: as per IJF minimum performance standards
3. Grand Slam: top 8 in IJF Grand prix in the twelve months prior to the event; or minimum of 400 points in World Senior Ranking; or Top 16 in IJF Junior World Ranking.
4. Grand Prix: minimum of 250 points in World Senior Ranking; or Top 16 in IJF Junior World Ranking.

5. Senior Continental Open: Medal at Open Senior National Championships or Canada Cup Senior in last 2 seasons.

Junior Events

1. Junior World Championships: As per Specific Selection Criteria
2. Junior Continental Cup: Domestic Ranking Grid (Policy 4) is used as follow:
 - a. Gold Medal in Level 3 or Gold at Canada Cup u18
 - b. Gold or Silver medal in Level 2 or at Canada Cup u21
 - c. Medal in Level 1 or at Canada Cup Senior

Cadet Events

For Selected events, Judo Canada will select the gold medalists of u18 Open nationals or the gold medalist at the Canada Cup U18 or as specified in specific selection criteria.

Judo Canada encourage PTSO to attend Cadet International events that the national team does not attend. Minimum criteria to be established by specific PTSO and subject to approval by Judo Canada.

Specific Cases

Minimum performance standards are weight-class specific, but performances achieved in one weight class, can be used as a minimum performance standard in one weight class above or below for events that do not have a specific selection policy.

An athlete could be given the special permission to compete in events above his/her minimum performance standard for exceptional reasons:

- Tournament scheduling issues.
- Athlete deemed by the High-Performance Director to have exceptional potential.
- Athlete deemed by the High-Performance Director to show full commitment to training and national team programs.
- Athlete that was unable to compete for an extensive period due to unforeseen reasons.

Request process:

- The athlete must make a request in writing to the High-Performance Director prior to the registration deadline of the tournament.
- The High Performance Director will make a final decision based on the recommendation of the High Performance Committee.

Important: No special permission will be granted for competitions with specific selection criteria (**Policy 15**).

Special case for the Olympic Teams' Event: An athlete could be exempt from the minimum performance standards if circumstances could increase chances of qualifying Canada for the teams' event at the 2028 Olympic Games.

POLICY 7 - PARTICIPATION AND FUNDING IN INTERNATIONAL EVENTS

Introduction

Only members in good standing with Judo Canada and their respective provincial associations are eligible to represent Canada at international judo events. **An athlete's eligibility is determined by Policy 6, for events without specific selection policy, or by a specific selection policy (see Policy 11).**

For certain events, the High-Performance Committee may invite provinces to apply to represent Canada. For such events, once permission is granted, selection of athletes, coaches, and officials is the responsibility of the province. A minimum of one coach must be funded by the Province. Judo Canada's permission is not required for international club tournaments and club exchanges.

All participants who represent Canadian judo fall under the jurisdiction and discipline code of Judo Canada, regardless of the source of support.

All coaches associated with teams representing Canada must meet the minimum coaching certification standards as defined in Judo Canada Tournament Sanctioning Policy.

Insurance

All participating athletes must have medical insurance which covers injuries sustained in sporting events. To meet the requirements of the IJF, Judo Canada will automatically contract insurance coverage for the entire duration of the relevant project for all athletes who have not provided proof of insurance.

Selection

Policy 15 provides selection criteria for specific major events. For tournaments with limited entries without specific selection policies, the following criteria will be taken into consideration to select participants:

- Funding priority criteria (see below)
- Participation and performance at training camps and testing
- Daily training commitment at the National Training Centre
- Number of international events already attended

The High Performance Director, with the approval of High Performance Committee, will have final authority on all selections.

Funding

Unless specified otherwise in specific selection policy, these funding principles and priorities will be used for international competition and camps funding allocation:

Cadet: Priority 1: EJU Cadet Medallist or Cadet Pan American Gold Medallist combined with Gold medalist of last edition of the u18 Open nationals or Canada Cup, or as specified in specific selection criteria as budget permitted.

Junior: Priority 1: EJU Junior Medallist or Junior Pan American Gold Medallist combined with Gold medalist of last edition of the u21 Open nationals or Canada Cup in priority order determined by the National Team points as budget permitted.

Senior: **Priority 1:** Olympic medallist, Senior World medallist or OTP targeted athletes (athletes that have demonstrated a strong chance of winning Olympic/Senior World Medal **as per agreement with OTP**)

Priority 2: Olympic or Senior World Top 8 and OTP targeted athletes (athletes who have demonstrated a fair chance of winning Olympic/Senior World Medal)

Priority 3: Athletes who are within the IJF Olympic selection direct quotas.

Special case for the Olympic Teams' Event: An athlete could become Priority 3 if circumstances could increase chances of qualifying Canada for the teams' event at the 2028 Olympic Games.

Other: If extra funding is provided to Judo Canada for certain events or specific programs (e.g.: NextGen Institute, Pan Am Games, Jeux de la Francophonie, Commonwealth Games), this extra funding will then be distributed as per the directives of the funding partners, and according to the priority principles of this **Policy 7**.

Application

Judo Canada will distribute via email to the staff of Provincial/Territorial Judo Associations a list of competitive opportunities and a "Notice of Application" and invite national team members to apply. All interested athletes who meet the minimum criteria must apply online using the Judo Canada International Event Registration Form at <https://judocanada.org/international-event-registration/>. An application is considered received at the date of receipt of deposit (see Procedures below).

Procedures

For those athletes and delegation members not funded by Judo Canada, but travelling through Judo Canada, the following procedures will apply:

1. Athletes who are not funded for the event must include with their registration a \$1000 deposit for one event, \$1500 for two events and \$2000 for three events, **fees encountered are non-refundable**. The application will only be considered if a deposit has been made at the time of registration. Athletes who are not selected for the event will be refunded in full.
2. Athletes that cancel their participation after trip-planning expenses have occurred are fully responsible for those expenses.
3. Athletes agree to pay the balance of the cost upon receipt of invoices from Judo Canada.
4. Invoices are based on actual costs and are due upon receipt. No administrative fees are applied.

5. Invoices that are 30 days overdue: individuals will receive a written reminder with a copy sent to the provincial association.
6. Invoices that are 60 days overdue: individuals will be contacted by the Judo Canada office to discuss payment. If no arrangements can be made, the following steps will be taken:
 - A 10% service fee will be added to the invoice;
 - The individual automatically becomes a member not in good standing and all benefits and privileges are suspended – this includes access to competitions, grading, carding, etc.; and
 - If reinstated, for all future travel arrangements the individual may be required to pay the amount of the trip in advance in full by credit card, certified check or money order.
7. For accounts more than 90 days overdue, Judo Canada will inform the individual and charge the debt to the credit card number that was initially provided with the application.

If Judo Canada is sending a team to the same event, travel arrangements and accommodations of self-funded participants must also be coordinated by Judo Canada. Under no circumstances are individuals to contact the host organizing committee directly.

In some cases (limited to underage athletes) Judo Canada will facilitate travels of parents to the event, but in no case, will room sharing be permitted.

Injury/Making weight issue

An injured athlete that is unable to undergo full training, including regular scrimmage, during the two-week period prior to departure may be withdrawn from the event. If at any time prior to an event, an athlete's body weight exceeds 8% of the weight category, and the national team nutritionist and team physician judge that making weight would be dangerous, the athlete may be withdrawn from the event.

Final decisions will be made by the High Performance Director with the approval of the High-Performance Committee.

POLICY 8 - SELECTION NOTICE

After the deadline of each Notice of Application (Policy 9), Judo Canada will email a list of selected athletes outlining the following:

- Event(s)
- List of selected athletes by weight class
- Funding allocation

Selected athletes will require to confirm their participation on the online platform as per specific requirements.

POLICY 9 - FAILURE TO MAKE WEIGHT

Athletes funded by Judo Canada to attend international events who do not make weight for their selected weight class will be responsible for reimbursing Judo Canada for all expenses incurred.

For carded athletes, failure to make weight is considered a breach of their carding contract.

POLICY 10 - EXEMPTION REQUEST PROCEDURE

Introduction

This policy applies to all exemptions of mandatory requirements for selection as well as the obligations of the carding contract.

Exemptions to parts of a program can be requested for exceptional circumstances. Exceptional circumstances may include: a death in the immediate family, an injury, or conflict with another competition or training camp deemed more appropriate by the High Performance Director for the athlete's preparation for performance at World Championships/Olympic Games.

Process

1. Request must be made as soon as the problem is known. In the case of injury, the request must be received within **seven (7) days** of the occurrence of the injury.
2. The request must be made in writing, signed by the personal coach, stating the circumstances with supporting evidence by email to HP@judocanada.org. Injury requests must include a medical certificate that indicates the type of injury, severity, and estimated recovery time. Judo Canada has the right to seek out a second medical opinion.
3. An injured athlete that is unable to undergo full training, including regular scrimmage, during the two-week period prior to departure may be withdrawn from the event. Final decision will be made by the High Performance Director with the approval of the High Performance Committee.

The High Performance Committee will evaluate all requests and deliver its decision in writing.

POLICY 11 - MAJOR EVENT TEAM SELECTION POLICIES

11.1 2025 Senior Pan-American Championships – **Santiago, Chili (April 25-26, 2025)**

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
under 60 kg	under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The Pan-American Judo Confederation (PJC) allows each country a maximum quota of 9 male and 9 female athletes, with a maximum of two athletes per weight category.

II - ELIGIBILITY

1. Athletes must have Canadian citizenship and be a member in good standing with Judo Canada to be eligible for selection.

III - SELECTION PROCEDURE

Accumulation of points for selection purposes concludes on **March 10, 2025**.

1. All athletes who have met the eligibility criteria above will be ranked according to **Senior** IJF world ranking list.
2. The athletes selected will be the highest-ranked athletes, as permitted by the PJC quotas for the men's and women's events.

IV - FUNDING

1. **All selected athletes within Senior priorities 1 to 3 and junior priority 1 in Policy 7 of the 2025 National Team Handbook will be funded by Judo Canada.**
2. All other selected athletes will have the opportunity to participate in this event on a self-funded basis (Partial funding might be available if the budget permits).

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and Senior National coaches will design and lead the preparation program (competitions, camps, testing and training requirements) for the 2025 Senior Pan-American Championships. Meeting the requirements of the preparation program is a condition of selection. Failure to live up to the preparation program, as determined by the High Performance Director, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, the Appeal Policy of Judo Canada applies.

VII - INJURY OF A TEAM MEMBER DURING THE PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

If substitution is needed, the substitute will be determined according to selection criteria stated above. Final decision in this regard will be made by the High Performance Committee of Judo Canada.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High-Performance Committee of Judo Canada will rule on the course of action.

11.2 2025 Senior World Championships – Budapest, Hungary, June 13-20, 2025

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
Under 60 kg	Under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The IJF allows each country a maximum quota of nine male and nine female athletes, with a maximum of two athletes per weight category.

II- SELECTION DATE: April 28, 2025

III - ELIGIBILITY

1. Athletes must have Canadian citizenship and be a member in good standing with Judo Canada to be eligible for selection.
2. The eligibility minimum performance standards are one of the following:
 - a. Top 60 in world ranking position on the selection date or;
 - b. 750 Senior World Ranking Points on the selection date or;
 - c. top 5 in IJF Grand prix or Grand Slam in the twelve months prior to the event.
3. The eligibility minimum performance standards must be achieved in the same weight class in which the athlete is selected to compete in the World Championships.
4. Athletes will need to meet the IJF quota of Top 100 in the Senior World Ranking list or Top 16 in the Junior World Ranking list in the weight category in which they are selected.

IV - SELECTION PROCEDURE

All athletes who have met the eligibility criteria above will be ranked according to the Senior IJF world ranking list as of April 28, 2025. The athletes selected will be the highest-ranked athletes, as permitted by the IJF quotas for the men’s and women’s events.

V - FUNDING

1. All selected athletes within Senior priorities 1 to 3 and junior priority 1 in Policy 7 of the 2025 National Team Handbook will be funded by Judo Canada.
2. All other selected athletes will have the opportunity to participate in this event on a self-funded basis (Partial funding might be available if the budget permits).

VI - TRAINING COMMITMENT

Judo Canada’s High-Performance Director and Senior National Coach will design and lead the preparation program (competitions, camps, testing, and training requirements) for the 2025 World Championships. Meeting the requirements of the preparation program is a condition of selection and funding; failure to live up to the preparation program, as determined by the High-Performance Director, will result in withdrawal of selection. Such a recommendation must be supported by the High-Performance Committee.

VII - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, the Appeal Policy of Judo Canada applies.

VIII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

IV - ALTERNATES

Judo Canada is under no obligation to select an alternate. Only athletes who meet standards, as described in the selections process above, may be named as an alternate.

X - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High-Performance Committee of Judo Canada will rule on the course of action.

11.3 2025 - Cadet (U18) Pan American/Oceania Championships – Lima, Peru (April 18, 2025)

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men	Women
Under 50 kg (-50 kg)	Under 40 kg (-40 kg)
Over 50 kg and under 55 kg (-55 kg)	Over 40 kg and under 44 kg (-44 kg)
Over 55 kg and under 60 kg (-60 kg)	Over 44 kg and under 48 kg (-48 kg)
Over 60 kg and under 66 kg (-66 kg)	Over 48 kg and under 52 kg (-52 kg)
Over 66 kg and under 73 kg (-73 kg)	Over 52 kg and under 57 kg (-57 kg)
Over 73 kg and under 81 kg (-81 kg)	Over 57 kg and under 63 kg (-63 kg)
Over 81 kg and under 90 kg (-90 kg)	Over 63 kg and under 70 kg (-70 kg)
Over 90 kg (+90 kg)	Over 70 kg (+70 kg)

The IJF allows each country a maximum quota of 10 male and 10 female athletes, with a maximum of two athletes per weight category.

II – SELECTION DATE: **March 3, 2025**

III - ELIGIBILITY

1. Athletes must have Canadian citizenship or be approved immigrants as per IJF standards (see <https://www.ijf.org/documents>) and be a member in good standing of Judo Canada to be eligible for selection.
2. **All athletes must have competed at the selection event identified unless granted an exemption by Judo Canada.**

IV - SELECTION PROCEDURES

The **selection event 2025 Pacific International (Abbotsford)** will serve as the main selection event for this event:

The gold medallist of each weight category will be selected, if eligible.

The remaining quota will be completed in order of priority as per Cadet National Team Points (Policy 5) on the selection date.

V - FUNDING

Judo Canada will provide funding for the Cadet Pan American/Oceania Championships only as follows:

1. **As per Policy 7**

VI - MANDATORY PREPARATION EVENTS

TBC

A failure to live up to the preparation program, as determined by the National coaching staff, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

Should an athlete not be able to participate in one or more of the above events due to injury, he/she must send notice of the injury, diagnosis and anticipated return to training, to the High Performance Director within seven days of the injury, in order to still be considered for selection.

VII - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, the Appeal Policy of Judo Canada applies.

VIII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

IX - ALTERNATES

Judo Canada is under no obligation to select an alternate. Only athletes who meet the minimum standard may be named as alternates.

X - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

11.4 2025 Cadet (U18) World Championships – TBC

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men	Women
Under 50 kg (-50 kg)	Under 40 kg (-40 kg)
Over 50 kg and under 55 kg (-55 kg)	Over 40 kg and under 44 kg (-44 kg)
Over 55 kg and under 60 kg (-60 kg)	Over 44 kg and under 48 kg (-48 kg)
Over 60 kg and under 66 kg (-66 kg)	Over 48 kg and under 52 kg (-52 kg)
Over 66 kg and under 73 kg (-73 kg)	Over 52 kg and under 57 kg (-57 kg)
Over 73 kg and under 81 kg (-81 kg)	Over 57 kg and under 63 kg (-63 kg)
Over 81 kg and under 90 kg (-90 kg)	Over 63 kg and under 70 kg (-70 kg)
Over 90 kg (+90 kg)	Over 70 kg (+70 kg)

The IJF allows each country a maximum quota of 10 male and 10 female athletes, with a maximum of two athletes per weight category.

II – SELECTION DATE: TBC

III - FUNDING

Judo Canada will provide funding for the Cadet World Championships only as follows:

1. As per Policy 7

IV - ELIGIBILITY

1. Athletes must have Canadian citizenship or be approved immigrants as per IJF standards (see <https://www.ijf.org/documents>) and be a member in good standing of Judo Canada to be eligible for selection.
2. **All athletes must have competed at the 2025 Open National championships and 2025 Open National Championships camp unless granted an exemption by Judo Canada.**

V - SELECTION PROCEDURES

The Cadet (U18) Open National championships (May 2025 – Calgary, AB) will serve as the main selection event for this event:

1. The gold medallist of each weight category will be selected if eligible.
2. The remaining quota will be completed in order of priority as per Cadet National Team Points (Policy 5) on the selection date.

VI - MANDATORY PREPARATION EVENTS

TBC

A failure to live up to the preparation program, as determined by the National coaching staff, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

Should an athlete not be able to participate in one or more of the above events due to injury, he/she must send notice of the injury, diagnosis and anticipated return to training, to the High Performance Director within seven days of the injury, in order to still be considered for selection.

VII - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, the Appeal Policy of Judo Canada applies.

VIII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

Judo Canada is under no obligation to select an alternate.

X - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

**11.5 2025 Junior (U21) Pan American/Oceania Championships – Lima, Peru
(April 19, 2025)**

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
Under 60 kg	Under 48 kg
Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The IJF allows each country a maximum quota of 9 male and 9 female athletes, with a maximum of two athletes per weight category.

II – SELECTION DATE: March 3, 2025

III - FUNDING

Judo Canada will provide funding for the Junior Pan American/Oceania Championships for Olympic weight class only as follows:

1. As per Policy 7

III - ELIGIBILITY

1. Athletes must have Canadian citizenship or be approved immigrants as per IJF standards (<https://www.ijf.org/documents>) and be a member in good standing of Judo Canada to be eligible for selection.

V - SELECTION PROCEDURES

All athletes who have met the eligibility criteria above will be ranked according to the Junior National Team Points (Policy 5) on the selection date. Athletes with the highest point total will be selected up to the permitted IJF quota.

VI - MANDATORY PREPARATION EVENTS

TBC

A failure to live up to the preparation program, as determined by the National coaching staff, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

Should an athlete not be able to participate in one or more of the above events due to injury, he/she must send notice of the injury, diagnosis and anticipated return to training, to the High Performance Director within seven days of the injury, in order to still be considered for selection.

VII - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, the Appeal Policy of Judo Canada applies.

VIII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

IX - ALTERNATES

Judo Canada is under no obligation to select an alternate.

X - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

11.6 2025 Junior (U21) World Championships – TBC

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
under 60 kg	under 48 kg

Over 60 kg and under 66 kg	Over 48 kg and under 52 kg
Over 66 kg and under 73 kg	Over 52 kg and under 57 kg
Over 73 kg and under 81 kg	Over 57 kg and under 63 kg
Over 81 kg and under 90 kg	Over 63 kg and under 70 kg
Over 90 kg and under 100 kg	Over 70 kg and under 78 kg
Over 100 kg	Over 78 kg

The IJF allows each country a maximum quota of nine male and nine female athletes, with a maximum of two athletes per weight category.

II – SELECTION DATE: TBC

III - FUNDING

Judo Canada will provide funding for the Junior World Championships for Olympic weight class only as follows:

1. As per Policy 7

IV - ELIGIBILITY CRITERIA

1. Athletes must have Canadian citizenship or be approved immigrants as per IJF standards (see page 16: https://78884ca60822a34fb0e6-082b8fd5551e97bc65e327988b444396.ssl.cf3.rackcdn.com/up/2021/05/IJF_Sport_and_Organisation_Rul-1622041960.pdf) and be a member in good standing of Judo Canada to be eligible for selection.
2. The eligibility minimum performance standards are one of the following:
 - a. Medallist at a EJU Continental Junior Cup in the 12 months prior to the selection date or;
 - b. Top 60 in IJF Junior World ranking list or;
 - c. Gold or Silver medal in Category 1 of Domestic Ranking Grid.
3. The eligibility minimum performance standards must be achieved in the same weight class in which the athlete is selected to compete in the World Championships.
4. All selected athletes will be required to take part in the following National Camps (full camps):
 - TBC
5. All selected athletes will be required to take part in the following competitions:
 - TBC

Should an athlete not be able to participate in one of the above events due to injury, he/she may still be considered for selection but must send notice of injury, diagnosis and anticipated date of return to training to the High Performance Director at HP@judocanada.org within seven days of the injury.

V - SELECTION PROCEDURE

All athletes who have met the eligibility criteria above will be ranked according to the Junior National Team Points (Policy 5) on the selection date. Athletes with the highest point total will be selected up to the permitted IJF quota.

Note: The High Performance Committee reserves the right to add an athlete to the team to strengthen it for the team event.

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and the National Coaching Staff will design and lead the preparation program (competitions, camps, testing, and training requirements) for the 2025 U21 World Championships. Meeting the requirements of the preparation program is a condition of selection and funding; a failure to live up to the preparation program, as determined by the High Performance Director and Junior National Coach, will result in the withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, the Appeal Policy of Judo Canada applies.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the four-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

Selection of alternates will be conducted according to this policy and the Judo Canada Ranking as of July 29, 2024.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

POLICY 12 - 2026 ATHLETE ASSISTANCE PROGRAM

2026 ATHLETE ASSISTANCE PROGRAM (AAP)

Objective: To identify and support Canadian athletes performing at or having the greatest potential to achieve top 8 results at the Olympic/Paralympics Games and World Championships. Judo Canada's carding cycle runs from January 1, 2026, to December 31, 2026.

The quota of senior cards allocated by Sport Canada is TBC or its equivalent value of TBC. This amount is subject to change at any time by Sport Canada. Athletes will be recommended for 12 months of carding support, however, if upon the application of the carding criteria less than 12 months of carding is available, an eligible athlete may be recommended if there are four or more months of support remaining.

To be eligible for the AAP, an athlete must meet the requirements described in Section 2.3 of the "Athlete Assistant Program (AAP) Policies and Procedures": <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html>.

SCHEDULE A: CARDING OF ABLE-BODIED JUDOKA

Judo Canada's High-Performance Committee, upon the recommendation from the High Performance Director, will determine a priority ranking of all AAP eligible athletes based on the carding criteria presented in this document. Sport Canada approves nominations in accordance with the AAP policies and procedures.

1. CONDITIONS FOR ALL CARDS

- 1.1 **All carded athletes will be based** at the National Training Centre at INS Québec in Montreal (NTC). Being based at the training centre (NTC) means that the carded athlete commits to train full-time at the NTC in Montreal. The carded athlete accepts to follow the yearly training plan designed by the High-Performance Director. This plan includes all NTC-based daily judo training sessions, other types of training (e.g., strength training, mental training, etc.), performance tests, medical exams, tournaments, training camps, or training periods that may take place in Canada or abroad, as approved by the High-Performance Director.
- 1.2 All carded athletes with a D card under the age of 18 on December 31, 2025, **carded under priority no 2 (see 2, Prioritization)** will be based at the National Training Centre at INS Québec in Montreal (NTC) or at one of the designated Regional Training Centres (RTC), i.e., Toronto, Ontario, Abbotsford, British Columbia or Lethbridge, Alberta. Being based at the National training centre (NTC) or designated RTC means that the carded athlete commits to train full-time at the NTC or RTC. The carded athlete accepts to follow the yearly training plan designed by the High-Performance Director and the RTC Coach. This plan includes all NTC/RTC-based daily judo training sessions, other types of training (e.g., strength training, mental training, etc.), performance tests, medical exams, tournaments, training camps, or training periods that may take place in Canada or abroad, as approved by the High-Performance Director and RTC Coach.
- 1.3 The years an athlete is carded while of Cadet or Junior IJF age, do not count towards the total years of carding as a senior-age athlete.
- 1.4 Carding selection and the continuation of carding are dependent upon the athlete's adherence to the obligations outlined in the Athlete Agreement (Policy 13). The athlete must agree to follow the Agreed Upon Training Plan and administrative policies of Judo Canada (National Team Handbook 2025). Judo Canada will notify Sport Canada to start carding payment only when the signed Athlete Agreement and Agreed Upon Training Plan have been received at Judo Canada's office.
- 1.5 Carded athletes must take part in all competitions, testing, medical examinations, and national training camps for which they are selected. Should extenuating circumstances arise that prevent participation in some of these events, athletes must apply to the High-Performance Committee of Judo Canada for an exemption (see Policy 12- Exemption request procedure).
- 1.6 Should an athlete fail to participate in a scheduled event as required per Agreed Upon Training Plan - Appendix A of the Athlete Agreement, the High Performance Committee will apply a sanction, as specified in the Athlete Agreement.
- 1.7 Cards are subject to termination during the carding season. The National Coaching Staff will evaluate the performance of the carded athlete, and if it is determined that the athlete does not respect the conditions of the Athlete Agreement, the card will be removed and possibly transferred to the next applicant (see section 7).

2. PRIORITIZATION

Cards will be allocated to eligible athletes in the following order of priority:

- 1) Athletes eligible for Sport Canada’s “Senior International Performance” cards (SR1/SR2)
- 2) Athletes eligible for “Development” cards (D) U18 & U21- 6 D cards.

Remainder of cards will be distributed in this order of priority until carding quotas are filled:

- 3) Athletes eligible for “Senior Performance” cards (SR).

*****NEW For the following priorities all athletes must be based at the National Training Center since January 1, 2025, to be eligible.***

- 4) Two (2) highest ranked athletes eligible for “Development” cards (D) U23
- 5) One (1) Highest ranked athlete eligible for “Development” cards (D) U21
- 6) One (1) Highest ranked athlete eligible for “Development” cards (D) U18
- 7) One (1) highest ranked athlete eligible for “Development” cards (D) U23
- 8) One (1) Highest ranked athlete eligible for “Development” cards (D) U21
- 9) One (1) Highest ranked athlete eligible for “Development” cards (D) U18

- 10) Repeat priorities 7, 8 and 9 until quota is completed.

3. SENIOR INTERNATIONAL PERFORMANCE CARDING CRITERIA (SR1/SR2)

Sport Canada’s Senior International Performance Card (SR1/SR2) is awarded to an athlete placing in the top 8 and top 1/2 **at the 2025 Senior World Championships**. This card is valid for a two-year period (year one designated as SR1; year two designated as SR2). However, the second year of carding is not automatic. An athlete must be nominated to Sport Canada by Judo Canada, thus he/she must:

- a) Meet the minimum standard to qualify for the next Senior World Championships (or Olympics);
- b) Respect the conditions of Judo Canada’s Athlete Agreement.

4. DEVELOPMENT CARDING CRITERIA (D) U18 & U21

4.1 General information

Objective: To identify and support young Canadian judokas with a superior international potential, at an earlier time of their athletic development than is possible with the senior carding system. The program must allow for an enriched training and competitive schedule that will prepare selected athletes to gain skills critical for success at the senior level.

The Development Card U18 or U21 is valid for a one-year period. Only athletes under 21 years old (U21) as of December 31, 2025, and athletes under 18 years old (U18) as of December 31, 2025, are eligible for these cards. Judo Canada’s financial support provided for athletes carded at the D level is designated for training, equipment, and competition costs. The athlete may be required to cost share in some competitions and camps, based on the support received. Any cost-sharing requirements will be so noted in the Athlete Agreement.

Six (6) Development Cards (U18 and U21) will be awarded.

4.2 Development Card Selection Procedure

Eligible athletes will be ranked according to Judo Canada ranking points as per National Team Policy 5. No minimum performance standard requirement is needed for those six development cards.

1. **Female:** The three (3) highest ranked eligible U21 athletes, with at least one being U18, will be nominated for carding.
2. **Male:** The three (3) highest ranked eligible U21 athletes, with at least one being U18, will be nominated for carding.

Note: Athletes who qualify for a Development Card and who also qualify for a Senior Performance Card have the choice of accepting any of these. If an athlete chooses to accept the Senior Performance Card, this card will count towards the total years of carding as a senior age athlete, unless the athlete is still an IJF Junior (i.e., U21) in 2025 (see 1.3). Athletes who elect to accept a Senior Performance Card will be eligible for a Development Card in future seasons if they meet the eligibility criteria for such card.

5. SENIOR PERFORMANCE CARDING CRITERIA (SR)

5.1 Senior Performance Carding Criteria (SR)

Senior Performance Cards (SR) are awarded for a one-year period to athletes according to their rank in the NATIONAL TEAM POINTS RANKINGS (NT Policies 3 to 5). To be eligible for a "Senior Performance" card nomination, athletes must meet the following criteria:

ENTERING year carded as a senior age athlete.	Performance Standards required for carding	National Championships Standard*
1st through 4th	Top 60 in world ranking position on the December 31, 2025 or; 750 Senior World Ranking Points on December 31, 2025 or; Top 5 in IJF Grand prix or Grand Slam in calendar year 2025.	Participate** in the 2025 Open Senior Nationals
5th through 7th	Top 40 in world ranking position on the December 31, 2025 or; 1000 Senior World Ranking Points on December 31, 2025 or; Top 3 in IJF Grand prix or Grand Slam in calendar year 2025.	Participate** in the 2025 Open Senior Nationals

8th and beyond	<p>Top 40 in world ranking position on the December 31, 2025 or;</p> <p>1000 Senior World Ranking Points on December 31, 2025 or;</p> <p>Top 3 in IJF Grand prix or Grand Slam in calendar year 2025.</p> <p>AND has placed in the top 8 at Senior World Championships or Olympic Games within the past four years.</p>	<p>Participate** in the 2025 Open Senior Nationals</p>
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* Unless cancelled or granted an exemption by the High Performance Committee (see Policy 12).

** Participation in a tournament is defined as taking part in the first bout of the tournament.

5.2 Carding Nomination Procedures for Senior Performance

1. At the end of the carding qualification period (December 31, 2025), athletes will be prioritized for nomination based on National Team Points as per NT Policies 3 to 5. It is a possibility that there are not enough cards for all athletes meeting minimum standards.
2. Athletes will be removed from the prioritized list if they:
 - do not meet the minimum Performance Standards.
 - did not fulfill the National Championships Standard.
 - are not involved in a High Performance training program.
 - Refuse in writing, prior or after the nomination, to respect relocation criteria or any other requirement.

6. REMAINING CARDS – PRIORITY 4 to 10 – Development Card (See “2. Prioritization,” above)

Objective: To identify and support young Canadian judokas with superior international potential, transitioning into the senior carding system. The program must allow for an enriched training and competitive schedule that will prepare selected athletes to gain skills critical to succeed at the senior level.

6.1 All the Development Cards are valid for a one-year period. Judo Canada’s financial support provided for athletes carded at the D level is designated for training, equipment, and competition costs. The athlete may be required to cost share in some competitions and camps, based on the support received. Any cost-sharing requirements will be so noted in the Athlete Agreement.

6.2 As per the priority list presented above in point, “2. Prioritization,” once priorities 1, 2 and 3 are filled the remaining available cards will be distributed as per priorities 4 to 10 until the carding quota allocation is fully distributed. No maximum or minimum numbers of cards are reserved for each priority.

6.3 U23 is defined as athletes under 23 years old (U23) as of December 31, 2025.

6.4 The number of Development Cards available as per priorities 4 to 10 will depend on the following:

- a) Total quota of cards allocated by Sport Canada to Judo Canada.

- b) Total number of Senior International cards & Senior Performance cards allocated to eligible judokas.

The remaining available cards will be designated as Development Cards.

6.5 Eligibility Conditions for Development Cards:

- a) Participate u18 , u21 or Senior Open Nationals 2025*.
- b) Athletes must be involved in a High-Performance training program.

* Unless cancelled or granted an exemption by the High-Performance Committee (see Policy 10).

6.6 Selection and nomination procedures for Development Carding Criteria priorities 4 to 10:

- a) All U23, U21, U18 athletes, as specified prior and below who did not get nominated for a card, as per priority 1, 2 and 3, but meets the condition to be based at the National Training Center since January 1, 2025, will be ranked as per National Team Points (Policies 3 to 5 NT Handbook 2025).
- b) The highest ranked eligible athletes (Male and Female combined), as per available cards and respecting the priorities set in point 2 will be nominated for carding.

1. FAILURE TO MEET RENEWAL CRITERIA FOR HEALTH-RELATED REASONS (Illness, Injury or Pregnancy)

A carded athlete who, at the end of the carding cycle, has not achieved the standard required for the renewal of his/her carding status solely because of health-related reasons may be considered for renomination for the upcoming year provided the following conditions are met:

- The athlete had at least one past performance of top 8 at the Senior World championships or Olympic Games in the last four years.
- The athlete must have informed Judo Canada as soon as possible and, if the health issue happened prior the Elite Senior Nationals and requested an exemption as per Policy 10.
- The athlete has fulfilled all reasonable training and rehabilitation requirements aimed at a speedy return to full high-performance training and competition during the period of his or her injury, illness, or pregnancy, or is continuing a rehabilitation program approved by Judo Canada.
- In the view of Judo Canada, the athlete's failure to attain the applicable carding standards is strictly related to the injury, illness, or pregnancy.
- Judo Canada, based on its technical judgment and that of a Judo Canada team physician or equivalent, indicates in writing to Sport Canada the expectation that the athlete will achieve at least the minimum standards required for carding during the upcoming carding period.
- The athlete has demonstrated and continues to demonstrate his or her long-term commitment to high performance training and competition goals, as well as his or her intention to pursue full high-performance training and competition throughout the carding period for which he or she wishes to be renewed, despite not having met the carding criteria.

An athlete may only be nominated to the AAP under this clause once in their career.

If more than one athlete meets this clause, they will be ranked based on the previous season's international ranking.

8. WITHDRAWAL OF CARDING SUPPORT

In the situation that the athlete has failed to conform to its obligation under the athlete's agreement, Judo Canada, upon the recommendation from the High-Performance Director, may at any time recommend the withdrawal of an athlete's carded status to Sport Canada, provided that the following process has been followed:

- (a) Judo Canada will notify the athlete in writing of the particulars of the alleged default (the "Default Notice");
- (b) to indicate in the Default Notice, the steps to be taken to remedy the situation, and set out a reasonable period of time within which steps may be taken;
- (c) that the athlete receiving the Default Notice remedies the situation within the specified period of time, the dispute will be considered resolved and neither party will have any recourse against the other concerning the matter alleged; and
- (d) that Judo Canada alleges that the athlete has not remedied the situation within the period of time set out and Judo Canada still wishes recourse against the athlete concerning the matters alleged to comprise the default, the athlete will file an appeal through the process set out in Judo Canada's *Appeals Policy*.

9. ATHLETES REQUESTING CHANGE OF NATIONALITY

Judo Canada will NOT sign a release for athletes requesting a switch of nationality to compete internationally (IJF events) if they have been carded in the past. The three-year probation period requested by the IJF will have to be respected.

10. ADDITIONAL INFORMATION

General information on the Sport Canada - Athlete Assistance Program (AAP) can be found in the Athlete Assistance Program Athletes Handbook published by Sport Canada (2019). This guide explains the details of the AAP, the benefits to the athlete (monthly support, tuition payment, deferred tuition), and the athlete's rights.

For further information visit:

Sport Canada at: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>.

1. APPEALS TO CARDING NOMINATIONS

Appeals to carding nominations are limited to incorrect application of policy or procedures. In case of an appeal, the [Judo Canada Appeal Policy](#) will apply.

POLICY 13 – ATHLETE AGREEMENT

JUDO CANADA – ATHLETE AGREEMENT

THIS AGREEMENT made as of the __ day of ____ 2025.

BETWEEN:

[NAME OF ATHLETE], residing at:

ADDRESS _____

AND:

Judo Canada, a registered Canadian amateur athletic association having its registered office at: 4545 Pierre-de-Coubertin, Montreal, Qc, H1V 0B2

- a) Judo Canada is recognized by the International Judo Federation (“IJF”) and Sport Canada as the sole National Sport Governing Body for judo in Canada;
- b) Judo Canada strives to deliver a world-leading program and enter Carded Athletes into competition that achieve the best international results they possibly can;
- c) The Athlete has exceptional and unique knowledge, skill and ability in the sport of Judo and wishes to compete for Judo Canada as a Carded Athlete;
- d) Judo Canada desires to establish its rights and obligations vis-à-vis Carded Athletes;
- e) The Carded Athlete as a funded Registrant of Judo Canada desires to define their rights and obligations vis-à-vis Judo Canada;
- f) Sport Canada requires these rights and obligations be set out in a written agreement;
- g) Judo Canada has the right to select athletes to participate in international tournaments and/or training camps;
- h) The IJF requires that Judo Canada certify the eligibility of the athlete participating in international events to be a Registrant in good standing of Judo Canada;
- i) Execution of this Agreement means that both parties understand the mutual obligations set out in this Agreement, including their mutual responsibility to comply with requirements of external sport governance bodies including the International Olympic Committee (“IOC”), the International Paralympic Committee (“IPC”), the International Federation (“IF”), the Canadian Centre for Ethics in Sport (“CCES”) and the World Anti-Doping Agency (“WADA”);
- j) The Sport Canada Athlete Assistance Program (the “AAP”) requires these mutual obligations to be stated in a written agreement to be signed by Judo Canada and the Athlete who applies for assistance under the AAP.

NOW THEREFORE THIS AGREEMENT WITNESSED that the parties hereto hereby agree as follows:

TERM AND SCOPE OF THE AGREEMENT

2. This Agreement is effective from January 1, 2026 to December 31, 2026.
3. The Carded Athlete is a member of the National Team for the duration of this Agreement.

RELATED POLICIES AND AGREEMENTS

4. The parties agree that the policies and agreements listed in this section are integral to the relationship between the Athlete and Judo Canada and are contained as appendices to this Agreement.
5. Judo Canada agrees to make these available to the Athlete, either online or in hardcopy, and the Athlete agrees to follow these policies:
 - a. Policy on Doping;
 - b. Code of Conduct and Ethics;
 - c. Athlete Protection Policy;
 - d. Governance Policy
 - e. Appeal Policy;
 - f. Social Media Policy;
 - g. Discipline and Complaints Policy
 - h. Dispute Resolution Policy;
 - i. And any Policy and/or Regulation or Ruleset outlined in the National Team Handbook.

From time to time, Judo Canada’s policies may be updated or changed and the Board of Directors of Judo Canada may approve new policies. This Agreement contains the most recent policies at the time of signing. Judo Canada will inform the Athlete of any changes to its policies and agreements and will always have the most current version of its policies available through the usual communications of Judo Canada.

DEFINITIONS

6. Unless otherwise state, in this Agreement:
 - “**AAP**” means Sport Canada’s Athlete Assistance Program; also referred to as “carding”;
 - “**Agreed Upon Training Plan**” means a schedule of mandatory training programs and competitions tailored to the individual needs of the Athlete to progress towards achieving agreed upon objectives and goals of the Athlete and National Team;
 - “**Agreement**” means this written agreement;
 - “**Athlete**” or “**Carded Athlete**” means one of the parties to the Agreement;
 - “**Athlete Commercial Agreement**”, or “**ACA**” means a separate and optional contract entered into between Judo Canada and Athlete detailing obligations of the parties in furthering their commercial and non-commercial mutual interests;
 - “**AthletesCAN**” means the association of Canada’s National Team athletes;

“Athletes’ Committee” means a group of Athlete Representatives, governed by written terms and elected or selected to meet, discuss and communicate positions and feedback representing all athletes in the sport governed by Judo Canada;

“Athlete’s Emergency Contact” means a person designated by the Athlete to Judo Canada, such as a parent, close family member, close friend or spouse, who Judo Canada will contact in the event of an emergency;

“Athlete Representative” means the athlete or athletes elected or selected to act as a representative of all athletes within the sport governed by Judo Canada at decision-making bodies such as Judo Canada’s committees or Judo Canada’s Board of Directors, and may include Athletes’ Committee members;

“Athlete Sponsor” means any entity, whether characterized by Athlete as a sponsor, supplier, licensee or otherwise, with whom the Athlete has a contract to use, market, advertise, or promote their products or services;

“Banned Substance” means those substances and methods listed in the Canadian Centre for Ethics in Sport’s list of “banned and restricted Doping Classes and Methods” with any such additional substances as may from time to time be added to the said list by the various governing bodies of the sport, Judo Canada, or such other recognized body having at the time jurisdiction over the sport;

“Business Day” means Monday through Friday, from 9am to 5pm Eastern Time, and excludes weekends and public holidays;

“CADP” means the Canadian Anti-Doping Program;

“CCES” means the Canadian Centre for Ethics in Sport;

“COC” means the Canadian Olympic Committee;

“CPC” means the Canadian Paralympic Committee;

“Default Notice” means a written document given by one party to this Agreement to the other party that outlines particulars of an alleged default (failure to conform to obligations under this Agreement) and how the situation can be remedied. Providing Default Notice is the first step in the dispute resolution procedure (see the Dispute Resolution Method section);

“Designated Contact” means the individual designated by Judo Canada as the Athlete’s main contact for questions, concerns and communication regarding this Agreement. For the purposes of this Agreement, the Designated Contact shall be the High Performance Manager;

“Designated National Coach” means the National Coach assigned to the Athletes and who monitors the Athletes on a daily basis;

“Event” includes, but is not limited to, training camp, physical testing, domestic and international events as defined in Judo Canada’s National Handbook as revised.

“HPD” means High Performance Director;

“HPP” means High Performance Program, used synonymously with the National Team Program;

“IJF” means the International Judo Federation, which is the International governing body for the sport of Judo;

“IF” means the International Federation, which is the International Judo Federation;

“IOC” means the International Olympic Committee;

“IPC” means the International Paralympic Committee;

“IST” means Integrated Support Team and is a multi-disciplinary team of sport science, sport medicine and sport performance professionals including experts in exercise physiology, mental performance, biomechanics, performance analysis, nutrition, strength, conditioning, medicine, physical therapy, massage therapy, and sport administration;

“Marketing Rights” means promotional and advertising rights to photographs, video or film images, or other likenesses or images of the Athlete, Athlete’s image, voice, name, personality,

likeness and fame gained in judo as a member of Judo Canada National Team to promote Judo Canada and its high-performance program and athletes, and includes all Athlete images whether captured in competition, training or other NSO Sanctioned Activities used in any media whatsoever (print, video, digital, social, etc.);

“National Team” means the athletes, coaches and necessary support staff selected to form a Canadian team for an international competition (may include Grand Slam, Grand Prix, international opens, any international competitions or other particularly meaningful events, including those listed in the National Team Handbook); all Registrants in good standing with Judo Canada and their respective provincial associations eligible to represent Canada at the events mentioned above, and as defined in policies 6 and 8 of the National Team Handbook. This term is not limited to athletes receiving AAP;

“Non-Commercial Use” means any use of Marketing Rights by Judo Canada solely for the purposes of promoting Judo Canada using NSO marks on a stand-alone basis, or in conjunction with non-commercial third parties such as International Judo Federation marks, but not affiliated or attached to any NSO partner promotion, activation or activity;

“NSO Sanctioned Activities” means all NSO training camps, competitions, fitness testing, NSO or IF technical meetings, press conferences, fundraising activities, meet and greets and personal appearances/promotional days;

“NSO Sponsor” means any entity, whether characterized by Judo Canada as a sponsor, supplier, licensee or otherwise, with whom Judo Canada has a contract to use, market, advertise, or promote their products or services;

“OSIC” means Office of the Sport Integrity Commissioner;

“Personal Equipment” means equipment provided by the Athlete or the Athlete Sponsor;

“Personal Information” means information collected about an identifiable individual, which may include information concerning:

- (a) the physical or mental health of an individual;
- (b) any health service provided to an individual; or
- (c) the donation by the individual of any body part or any bodily substance of the individual or information derived from the testing or examination of a body part or bodily substance of the individual.

“Privacy Officer” means the person responsible for privacy within Judo Canada as designated within the Judo Canada Privacy Policy, located [here](#);

“Progress Report Form” means the document provided to the Athlete by Judo Canada to track the status of progress of the Athlete’s yearly training plan on a monthly basis;

“Team Uniform and Equipment” means uniform and equipment provided by Judo Canada or through an NSO Sponsor;

“SDRCC” means the Sport Dispute Resolution Center of Canada;

“UCCMS” means the Universal Code of Conduct to Prevent and Address Maltreatment in Sport ;

“WADA” means the World Anti-Doping Agency.

OBLIGATIONS

Team Selection & Eligibility

7. Judo Canada shall:

- a) organize, select and operate teams of athletes, coaches and other necessary support staff as part of national teams comprised of Carded Athletes to represent Canada in the sport of judo throughout the world;
- b) publish team selection criteria and eligibility criteria at least three (3) months before the selection for all teams comprised of Carded Athletes generally, and at least eight (8) months before the selection for major events (i.e., Olympic Games, Senior Worlds and Senior Multi-Sport Games);
- c) communicate the team selection and eligibility criteria by posting it online at: <https://judocanada.org/selection-policies/> and publish this link in the usual communications of Judo Canada in accordance with this Agreement;
- d) post its policies, rules and regulations at: <https://judocanada.org/safe-sport-overview/>;
- e) not make material changes to any policies, rules and regulations regarding an athlete selection while the selection process is underway;
- f) publish any changes to its rules and regulations through the usual communications of Judo Canada in accordance with this Agreement;
- g) conduct selection of all Carded Athletes in conformity with the published National Team Handbook selection criteria, process and generally accepted principles of natural justice and procedural fairness;
- h) notify Carded Athletes individually of selection and provide reasons, in line with the “Selection Notice” section of the National Team Handbook;
- i) protect the Carded Athlete’s eligibility for national and international competition by educating them about applicable and potentially applicable eligibility requirements of Judo Canada, IF or other party and informing the Athlete if any proposed activity, communicated by the Athlete to Judo Canada, appears to be in violation of such eligibility rules; and
- j) within all applicable timelines, register the Carded Athlete or perform all necessary tasks for the Carded Athlete to compete at all IF, IOC or IPC sanctioned events that the Athlete is entitled to compete at, and agrees to compete at, subject to this Agreement and duly published NSO eligibility and selection criteria for any teams and events outlined in the National Team Handbook.

8. The Carded Athlete:

- a) will abide by the procedures and eligibility requirements of the National Team Handbook at all times;
- b) warrants that he or she is a Canadian citizen, or is otherwise eligible to compete representing Judo Canada and Canada. If the Athlete’s status changes, the Athlete will immediately inform Judo Canada’s Designated Contact, who is the High Performance Manager;
- c) shall possess a valid Canadian passport that does not expire prior to any of the 2023-2024 calendar year events as outlined in the National Team Handbook;
- d) will make best efforts to be aware of and comply with all policies, rules and regulations of Judo Canada, which may change from time to time and are posted online at <https://judocanada.org/safe-sport-overview/> and are further communicated to the Athlete with an obligation on the Athlete to provide receipt of the communication;

- e) will make best efforts to be aware of and comply with all Judo Canada, IF or other applicable eligibility requirements;
- f) will provide Judo Canada in writing (via email) with their address and that of their personal coach, and shall notify Judo Canada in writing of any changes of address for either the Athlete or the coach, if applicable;
- g) will notify the Designated Contact immediately in writing via email of any circumstance which may affect their eligibility, for example, an injury or other legitimate reason that will prevent the Athlete from attending an event for which they have been selected;
- h) read the National Team Handbook, seek clarification as needed from Judo Canada, and agree to abide by the policies and procedures as established in the said handbook;
- i) remain as a registrant in good standing of Judo Canada at all times for the duration of this Agreement, and be affiliated with the requisite associations (if applicable) for specific events, in order to be eligible for those events, as outlined in the National Team Handbook;
- j) maintain the minimum National Team standard required for any event they seek eligibility for as indicated in the National Team Handbook;
- k) take part in any Events required of them to ensure eligibility for a specific, future Event;
- l) Fully comply with the Agreed Upon Training Plan.

Uniforms and Equipment

9. Judo Canada will:

- (a) Provide Team Uniform and Equipment for National Team events or designate such items to be provided by an NSO Sponsor;
- (b) ensure that Carded Athletes are provided with the National Team uniform which is to be worn at all international events;
- (c) seek feedback from the Athlete Representatives and/or Athletes' Committee and the Athlete regarding the Team Uniform and Equipment, including material and design at least two (2) weeks before such items are ordered by Judo Canada or NSO Sponsor;
- (d) implement the Team Uniform and Equipment feedback, subject to criteria appropriate in the circumstances including level of consensus among athletes, cost, available options and timelines; and
- (e) Modify Team Uniform and Equipment if the parties agree a modification is required to accommodate a reasonable need of the Athlete including a disability or performance need. A reasonable modification request will not be withheld.

10. The Athlete will:

- (a) wear and/or use the Team Uniform and Equipment while travelling and/or participating as part of the National Team or any other Judo Canada activities, in accordance with the latest Judo Canada Handbook;
- (b) provide feedback to Judo Canada regarding the Team Uniform and Equipment, including material and design at least one (1) week before such items are ordered by Judo Canada or NSO Sponsor; and

- (c) communicate any required modifications to the Designated Contact before or when Judo Canada seeks Team Uniform and Equipment feedback and provide evidence of such needs if requested by Judo Canada.

Training and Competition

11. Judo Canada will:

- (a) present a schedule of mandatory training programs and competitions tailored to the individual needs of the Athlete to progress towards achieving agreed upon objectives and goals of the Athlete and National Team (the “Agreed Upon Training Plan” – Appendix A). The plan will be developed in consultation with the Athlete and the Designated National Coach in accordance with section 10(a);
- (b) manage the Agreed Upon Training Plan;
- (c) via the Designated Contact (High Performance Manager), not unreasonably withhold its approval of reasonable proposals by the Athlete to make changes to the Agreed Upon Training Plan;
- (d) provide the Athlete with agreed upon updates to training plans, monitoring, testing schedules and results, player evaluation feedback, anticipated financial costs and assessments, proposed changes to competition and training plans and a “Progress Report Form” – Appendix B as soon as the circumstances permit;
- (e) Should an athlete become a newly Carded Athlete and therefore bound by this Agreement, provide 3 months written notice for the newly Carded Athlete to relocate to the National Training Center in Montreal;

12. The Athlete will:

- (a) consult with the Designated National Coach to develop the Agreed Upon Training Plan, and present to Judo Canada for Judo Canada’s approval, proposed changes to the Agreed Upon Training Plan, if any, as soon as the circumstances permit;
- (b) not unreasonably withhold their approval of proposals by Judo Canada to make changes to the Agreed Upon Training Plan;
- (c) following the Athlete’s receipt of the Progress Report Form, demonstrate commitment to the Agreed Upon Training Plan and provide the Designated National Coach with a filled out and completed Progress Report Form provided to the Athlete by Judo Canada;
- (d) avoid participating in any competitions where federal government sport policy has determined that such participation is not permitted as communicated by the NSO;
- (e) not live in any environment not conducive to high-performance achievement and not take any deliberate action that puts their ability to perform at risk or limits their favorable performance;
- (f) upon receipt of the notice to relocate, if the athlete is 18 years or older, make arrangements for and relocate to the National Training Center in Montreal within a reasonable amount of time;
- (g) acknowledges that, should the athlete refuse in writing to relocate prior to or after their carding nomination, they will be removed from Judo Canada’s carding prioritized list;

- (h) secure a travel permit or Canadian Passport in accordance with the Judo Canada requirements when competing internationally; and
- (i) compete and/or participate in Appendix "B" events as set forth therein and other events as selected by Judo Canada.

13. If the Athlete has AAP status and fails to submit the Progress Report Form as and when required, Judo Canada may, per Sport Canada policy, make a recommendation to Sport Canada to have the Athlete's AAP status withdrawn with reasons and appropriate due process.

Information and Privacy

14. Judo Canada will:

- (a) designate an employee who acts in the role of Judo Canada's Privacy Officer ([see Judo Canada's Privacy Policy, located here](#)) and communicate that designation and any changes to the designation to the Athlete as soon as the circumstances permit;
- (b) collect Personal Information from the Athlete;
- (c) communicate to the Athlete which recordings, technology, tactics, methods, logistics or other information that Judo Canada deems confidential as soon as the circumstances permit;
- (d) protect all information gathered in relation to the Athlete; and
- (e) not disclose any information about the Athlete to outside parties without consent of the Athlete, unless required to do so by law.

15. The Athlete will:

- (a) provide Judo Canada with any Personal Information required to confirm the eligibility of the Athlete;
- (b) provide Judo Canada with Personal Information required for Judo Canada to make sure that the Athlete receives proper medical attention or other necessary care that may be needed while under the supervision of Judo Canada; and
- (c) not disclose NSO recordings, technology, tactics, methods, logistics or other information that Judo Canada deems confidential, unless required to do so by law.

Communication

16. Judo Canada will:

- (a) assign the Designated National Coach as the Designated Contact for the Athlete;
- (b) ensure that the Designated National Coach (or an alternate NSO staff person at Judo Canada's office) is available for communication each business day Judo Canada is open for business, and will respond within seven (7) days;
- (c) provide information on the National Team Program to the athlete in the form of correspondence through the national office of Judo Canada;
- (d) communicate both orally and in writing in the official Canadian language of the Athlete's choice;

- (e) communicate in a timely manner, using appropriate methods such as telephone, e-mail, SMS, text or video messaging, or other methods depending on the nature of the communication and the Athlete's expressed communication preferences;
- (f) respond to the Athlete correspondence and communication as soon as the circumstances permit, depending on the nature of the communication and meet any deadlines for responding provided they have been mutually agreed upon by the parties, and given they do not exceed the timeframe in subsection 14(b); and
- (g) notify the Athlete forthwith by e-mail if there are any changes made to Judo Canada's policies or agreements, and post all new or updated NSO policies, agreements, or general updates on the Judo Canada website (www.judocanada.org).

17. The Athlete will:

- (a) provide Judo Canada with an up-to-date e-mail address that accepts file attachments, and that the Athlete will make reasonable efforts to check at least once every seven (7) days;
- (b) provide Judo Canada with the required information to communicate by some other reasonable method of communication should the Athlete so choose;
- (c) respond to NSO correspondence and communication as soon as the circumstances permit, depending on the nature of the communication and meet any deadlines for responding provided they have been mutually agreed upon by the parties; and
- (d) provide notice of receipt by e-mail or electronic signature of notice from NSO within seven (7) business days. If the Athlete does not provide notice of receipt after seven (7) business days, the Athlete is deemed to have acknowledged and understood the policy or agreement changes.

Medical and Injury

18. In the event of an injury or illness of the Athlete, Judo Canada will:

- (a) assist the Athlete in maintaining health or returning to health; and
- (b) make every effort to contact the Athlete's emergency contact prior to medical treatment being initiated in the event of a serious medical situation where the Athlete lacks legal capacity to make healthcare decisions arising while the Athlete is training or competing.

19. In the event of an injury or illness, the Athlete will:

- (a) notify the Designated National Coach and/or Designated Contact verbally within 24 hours, and the Designated Contact in writing within 48 hours, or as soon as possible thereafter, of becoming aware of any injury or illness that might prevent the Athlete from fulfilling any obligations under this Agreement;
- (b) provide Judo Canada with a certificate from a health professional describing the nature and diagnosis of the injury or illness which states the:
 - i. date or estimated the injury or illness was incurred;
 - ii. nature of the injury or illness, and whether it is an overuse or chronic injury;
 - iii. rehabilitation protocol, if any;
 - iv. amount and type of training the Athlete can do in the next 12 weeks and/or limitations thereto; and

- v. expected date for return to full training and full recovery; and
- (c) follow a recovery and rehabilitation program for the injury or illness that prevented the Athlete from fulfilling obligations under this Agreement, approved by the Athlete's personal physician and, at Judo Canada's discretion, an NSO designated medical doctor, to ensure his or her return to training and/or competition in a safe and timely manner.

20. A list of eligible health professionals with the ability to provide Judo Canada with a certificate describing the injury or illness as outlined in section 17 (b) are:

- (a) National Team Therapist;
- (b) National Team Physician, or any other recognized physician agreed upon by the Parties.

Anti-Doping

21. Judo Canada will:

- (a) ensure that the Athlete receives communications from the IF, WADA, IOC, IPC, CCES or other bodies regarding interpretations of and changes to the anti-doping rules the Athlete is subject to;
- (b) promote an environment and culture of clean sport;
- (c) ensure procedural fairness, no unreasonable violations of the Athlete's rights to privacy and a just and fair process; and
- (d) as soon as the circumstances permit, communicate to the Athlete the name of any athlete, coach, IST or other person known to be involved, likely to be involved, or desiring to be involved in Judo Canada's activity, and under sanction by Judo Canada or an anti doping agency for a doping-related offence, or who the Athlete is prohibited from associating with by the CADP or WADA

22. The Athlete will:

- (a) comply with the anti-doping rules of the IF, IOC, IPC, CCES and NSO (if any), including submitting to announced and unannounced doping control testing when required by Judo Canada, IF, CCES, WADA or any other agency authorized to conduct testing;
- (b) complete the CCES online anti-doping courses, True Sport Clean 101 and Sport Canada - Athlete Assistance Program, at the beginning of each new carding cycle;
- (c) participate, if asked by Judo Canada to do so, in any doping control and/or education program developed by Judo Canada in co-operation with Sport Canada and the CCES;
- (d) abide by the CADP as administered by the CCES as stipulated in Appendix C;
- (e) refuse to enter into any relationship with a coach, IST or person who the Athlete knows is under sanction by Judo Canada or an anti-doping agency for a doping-related offence;
- (f) not use banned substances that contravene the rules of the WADA, IOC, IPC, IJF, or the CADP;
- (g) not supply such substances to others directly or indirectly, nor encourage or condone their use by knowingly aiding in any effort to avoid detection; and
- (h) for doping-related appeals, utilize the hearing and appeal procedure that is outlined by the SDRCC.

Funding and Financial

23. Judo Canada will:

- (a) Provide selection notice, funding notice and notice for other events and activities in accordance with the specific selection policy published per the National Team Handbook's principles contained in Policy 9.

24. The Athlete will:

- (a) pay the invoiced fees, and reimburse additional expenses incurred by Judo Canada on behalf of the athlete, as per the conditions defined in the National Team Handbook upon being provided an invoice by Judo Canada, or as the circumstances require.

Commercial

25. If the Athlete and NSO do not enter into a separate ACA, the Athlete agrees and gives consent to Judo Canada to use the Athlete's Marketing Rights within the Term of this Agreement solely for Non-Commercial Use, and Judo Canada and Athlete agree that such consent does not extend to NSO Sponsors. Specifically, the Athlete will:

- (a) participate in sport-related, non-commercial promotional activities on behalf of the Government of Canada, keeping in mind that Judo Canada usually makes such requests for participation and arranges the activities. It is understood that unless supplementary compensation is arranged, these activities set out herein do not normally involve more than two working days per athlete per year.

Athlete Assistance Program (AAP)

26. Judo Canada will:

- (a) publish criteria for the selection of athletes to the Athletes Assistance Program (AAP) ten (10) months prior to the commencement of the selection;
- (b) nominate all eligible athletes for AAP and ensure those Athletes approved for carding receive all the benefits to which they are entitled under the AAP.

27. If receiving AAP, the Athlete will:

- (a) participate in sport-related, non-commercial promotional activities on behalf of the Government of Canada for up to two working days per year as requested;
- (b) comply with AAP policies and procedures, including Sport Canada and Federal government policies (e.g. Canadian Policy Against Doping in Sport, the Cannabis Act, The "UCCMS"), and those dealing with Sport Canada AAP Decisions as described in Section 13 of the AAP Policies and Procedures available online at:
<https://www.canada.ca/en/canadianheritage/services/funding/athlete-assistance.html>
- (c) actively participate in all Sport Canada program evaluation activities, including the Status of the Athlete Study. The Athlete will cooperate fully in any evaluation that may be conducted by the Minister or anyone authorized to act on the Minister's behalf. The Athlete will also provide such data as considered necessary for the proper conduct of the evaluation; and
- (d) notify the Designated Contact, at the earliest possible date, of the Athlete's intention to retire so that Judo Canada may advise Sport Canada to cease AAP

payments. The Athlete will refund any AAP payments to Sport Canada received after the Athlete has ceased training.

28. Judo Canada and Athlete agree that the procedure for withdrawal of AAP status of the Athlete is outlined in Sport Canada's Athlete Assistance Program Policy and Procedures manual available online at:
<https://www.canada.ca/en/canadianheritage/services/funding/athlete-assistance.html>.

Dispute Resolution Method

29. Judo Canada will provide a hearing and/or appeal procedure with respect to any dispute between the Athlete and Judo Canada that conforms with the principles of natural justice and procedural fairness, with respect to any dispute between the Athlete and Judo Canada which does not arise from the application of the UCCMS through the Abuse-Free Sport and OSIC process. This procedure shall include access to an internal appeal process, as well as a clearly outlined pathway to independent arbitration through the SDRCC, including reasonable time limits to do so. The details of this procedure will be published by Judo Canada under its *Appeals Policy* found at https://judocanada.org/wp-content/uploads/2022/12/Appeal_Policy_Jan_2023_EN.pdf
30. Where one of the parties to this Agreement alleges that the other party has failed to conform to their obligations under this Agreement, the parties agree:
- the one party will notify the other party in writing of the particulars of the alleged default (the "Default Notice");
 - to indicate in the Default Notice, the steps to be taken to remedy the situation, and set out a reasonable period of time within which steps may be taken;
 - that if the party receiving the Default Notice remedies the situation within the specified period of time, the dispute will be considered resolved and neither party will have any recourse against the other concerning the matter alleged; and
 - that the party that gave the Default Notice alleges that the other party has not remedied the situation within the period of time set out and the party that gave the Default Notice still wishes recourse against the other concerning the matters alleged to comprise the default, that party will file an appeal through the process set out in Judo Canada's *Appeals Policy*.
31. The parties agree that the giving of the Default Notice by a party will not prevent that party from later asserting that the default was so fundamental as to amount to a repudiation of this Agreement.

Notice

32. Any notice required or permitted to be given to the Designated Contact by the Athlete under this Agreement will be done in accordance with section 14 of this Agreement. Notice will be executed by delivery by courier to Judo Canada at 4545 avenue Pierre-De Coubertin, Montréal Quebec, H1V 0B2 or delivery by e-mail to hp@judocanada.org.
33. Any notice required or permitted to be given to the Athlete by Judo Canada under this Agreement will be done in accordance with section 15 of this Agreement. Notice will be executed by delivery via email to *[Athlete e-mail]*.
- where applicable, indicate in the notice to that party the steps to be taken to remedy the situation; and

- (b) where applicable, indicate in the notice a reasonable time frame within which such steps shall be taken. On AAP-related matters, the athlete may direct such notice to the Manager of Sport Canada and to AAP, who may act on behalf of the athlete and indicate to Judo Canada steps to be taken to remedy the situation.

Abuse-Free Sport

- 34. Judo Canada will:
 - (a) Join the Abuse-Free Sport program and act in accordance with the obligations of signatory organizations under this program (“Abuse-Free Sport”) (<https://sportintegritycommissioner.ca/signatories>);
 - (b) Adopt the UCCMS and the policies and procedures of Abuse-Free Sport in the administration and enforcement of the UCCMS;
 - (c) Ensure that all Judo Canada policies, procedures or other actions, are consistent with the UCCMS and the administration and enforcement rules of Abuse-Free Sport;
 - (d) Ensure that none of this Agreement, any other Judo Canada policy, procedure or other action, are used by Judo Canada to restrict the Athlete’s ability to exercise their rights, protections or responsibilities under the UCCMS;
 - (e) Obtain the informed consent of the Athlete to become subject to the UCCMS and its administration and enforcement processes through the Abuse-Free Sport program;
 - (f) Refer to the Office of the Sport Integrity Commissioner all applicable matters relevant to the Abuse-Free Sport program so that they may be addressed in accordance with the administration and enforcement rules of Abuse-Free Sport;
 - (g) Provide periodic UCCMS-compliant training opportunities to the Athlete and everyone interacting with or making decisions affecting the Athlete, and track the completion of these training activities;
 - (h) Distribute and/or facilitate access, in a timely manner relevant information, tools, services and resources made available from time to time by Abuse-Free Sport for UCCMS participants, including the Athlete;
 - (i) Fully cooperate in good faith as part of any Abuse-Free Sport process related to the administration and enforcement of the UCCMS; and
 - (j) Ensure that any sanctions or measures which are imposed in accordance with policies and procedures of Abuse-Free Sport, are implemented, respected, and adhered to.

- 35. The Athlete will:
 - (a) Familiarize themselves with the UCCMS and the policies, procedures and services of Abuse-Free Sport in the administration and enforcement of the UCCMS, including their admissibility to Mental Health Referral and Legal Aid services of Abuse-Free Sport;
 - (b) Read, sign and comply with the terms of the Informed Consent Form to become subject to the UCCMS and its administration and enforcement processes through the Abuse-Free Sport program;

- (c) Act in a manner consistent with the UCCMS, the Informed Consent Form and the administration and enforcement rules of Abuse-Free Sport;
- (d) Complete any periodic UCCMS-compliant training required by Judo Canada and/or Abuse-Free Sport;
- (e) Disclose in writing any UCCMS violations or any violation set out in the Code of Conduct and Ethics that they witness or know about to the appropriate mechanism; and
- (f) Fully cooperate in good faith as part of any relevant Abuse-Free Sport process for which Athlete participation is required in relation to the administration and enforcement of the UCCMS.

Insurance

36. Judo Canada will provide the Athlete with travelling medical insurance.

Assumption of Risk

37. The Athlete agrees that participation as a National Team member exposes the Athlete to substantial risk and danger. With the pursuit of excellence and the drive to achieve results being a common element motivating all competitive athletes, the likelihood of suffering personal injury on the part of the Athlete is both real and probable. By signing this Agreement, the Athlete voluntarily and freely acknowledges and fully assumes these risks and dangers (the “Assumed Risk”)
38. Judo Canada will reduce the Assumed Risk through risk management, including the implementation of Judo Canada’s *Risk Management Policy* and a risk registry.

Termination

39. The Athlete:
- (a) may terminate this Agreement at any time by providing written notice of termination to Judo Canada;
 - (b) understands and agrees that in terminating this Agreement, the Athlete loses all rights, benefits and privileges of participation on the National Team, including payments under the AAP, and the right to compete internationally at IF, IOC or IPC sanctioned events.
40. Judo Canada may terminate this Agreement:
- (a) subject to section 38 by providing written notice, prior to its scheduled expiry if athlete fails to abide by material terms of the Agreement, including but not limited to, failure to adhere to the agreed upon training plan as outlined in sections 11(a), (b) and (c).
 - (b) subject to section 38 by providing written notice, prior to its scheduled expiry if the Athlete:
 - i. has been found guilty by the CCES, WADA, or a designated body with the authority to conduct anti-doping testing of a doping control violation if:
 - a. the limitation period for an appeal has passed or the Athlete has appealed and the appeal has been decided; and
 - b. the sanction against the Athlete was not reduced;
 - ii. has been convicted of a violent criminal offense; or

iii. has become ineligible to represent Judo Canada

41. Any decision by Judo Canada to terminate this Agreement prior to its scheduled expiry may be appealed by the Athlete through Judo Canada's Appeal Policy

Governing Law

42. This Agreement will be governed and construed in accordance with the laws of the Province of Québec and the laws of Canada applicable therein.

General Provisions

43. Judo Canada will conduct an annual review of its proposed Athlete Agreement in consultation with the Athlete's Committee prior to board approval and distribution of the draft to athletes;

44. If any provision of this Agreement is deemed invalid or unenforceable, then the remaining provisions will not be affected and every other provision will be valid and enforceable to the fullest extent permitted by law.

45. This Agreement may not be amended, modified, or altered in any respect except in writing and signed by the parties

46. The Athlete and NSO confirm that they are aware of their respective rights to obtain independent legal advice before signing this Agreement have signed this Agreement voluntarily and with full understanding of the nature and consequences of the Agreement.

ACKNOWLEDGMENT

I hereby declare that in return for any financial assistance provided by the Sport Canada Athlete Assistance Program, I undertake to fulfill all commitments and responsibilities outlined in the UCCMS policies, the Athlete Assistance Program Policies, Procedures and Guidelines booklet and my Athlete/NSO Agreement. I agree to refund any assistance provided to me, payable to the Receiver General of Canada, should my eligibility status change or my carded status be withdrawn, effective the withdrawal/change of status date. I consent to team medical personnel being advised immediately in writing should there be a significant change in my state of health. I authorize the transmission of this and any other relevant information to doctors, coaches, consultants and therapists as part of sports activities with the National Team. I authorize the transmission of this information by any means, i.e. verbally, in writing, by fax or by email. I also consent to the information in this questionnaire being used for research purposes.

THIS AGREEMENT SHALL TERMINATE on the ___ day of _____ 2026.

IN WITNESS WHEREOF the parties hereto have executed this agreement this _____ day of _____ 2026.

Judo Canada

Antoine Valois-Fortier

Witness

Head Coach – Judo Canada

Signed, Sealed & Delivered in the presence of:

Witness

Athlete

Appendix A - Agreed Upon Training Plan

Appendix B - Progress Report Form

Progress report form

Athlete name: _____

Sport: _____

Coach name: _____

Training summary

Month	Number of judo sessions	Number of gym sessions	Total training sessions
January			
February			
March			
April			
May			
June			
July			
August			
September			
October			
November			
December			

Competition summary

Month	Number of competition	Number of fights	Winning Ratio
January			
February			
March			
April			
May			
June			
July			
August			
September			
October			
November			
December			

Appendix C - Athlete Contract - CCES

I understand that my National Sport Organization, Judo Canada, has adopted the 2021 Canadian Anti-Doping Program (CADP).

1. I specifically agree that as a member of the National Athlete Pool (NAP) in my sport, I am subject to the CADP and accordingly shall be bound by all the anti-doping rules and responsibilities contained in the CADP.

2. I further agree that regardless of my membership status in my National Sport Organization (or my withdrawal from membership or my membership’s expiry), I shall remain continually subject to the CADP and shall hereafter be bound by all the anti-doping rules and responsibilities contained in the CADP until (i) I am removed as a member of the NAP in my sport or (ii) I file a Retirement Form with the CCES, whichever first occurs.

3. I agree that I have been educated regarding the anti-doping rules, responsibilities and violations contained in the CADP.

4. I acknowledge that information, including personal information about me, can be shared between anti-doping organizations for anti-doping purposes and such information will be used only in a fashion that is fully consistent with the limitations and restrictions contained in the World Anti-Doping Agency’s International Standard for the Protection of Privacy and Personal Information.

5. With the understanding that any disclosure is for the sole purpose of assisting the Canadian Centre for Ethics in Sport (CCES) in enforcement of the CADP, I consent to have police and law enforcement agencies, border service agencies, Sport Organizations of which I am a member and sporting clubs and athletic associations to which I belong, in Canada and elsewhere, disclose to the CCES information in their possession relating to me that is directly relevant to potential anti-doping rule violations contained in the CADP that may be asserted against me.

By signing this form, I acknowledge that I agree with and remain subject to the clauses outlined above until such a time as I am removed from the NAP. (If the athlete is a minor or has an impairment preventing them from signing this form, a parent or guardian is to sign together with, or on behalf of, the athlete.)

Athlete Name

Athlete Signature

Parent/Guardian Name (if the athlete is a minor)

Parent/Guardian Signature (if the athlete is a minor)

Date:

POLICY 18 - GRANT RECOMMENDATION

Judo Canada is requested to recommend athletes for different grant programs. Judo Canada will base its recommendations on the grant’s eligibility policies and the following selection priority guidelines:

- 1) Top 8 performances at Olympics or Worlds;
- 2) Potential to achieve in the near future top 8 performances at Olympics or Worlds;
- 3) Athlete’s respect of minimum training criteria fixed by Judo Canada training staff in a Judo Canada Training Structure (NTC or RTC);

4) World Ranking points and National Ranking points;

POLICY 19 – ATHLETES COMMITTEE TERMS OF REFERENCE

Purpose

To represent and promote the views and interests of the cadet, junior and senior national team athletes in an effort to further the objectives of Judo Canada ("JC"), its Board of Directors (the "Board"), Staff, Officials and Coaches in achieving best-ever performances.

Mandate

The Athletes' Committee is a standing committee of the Board. It shall assist the Board in understanding and properly considering the interests of cadet, junior and senior national team athletes.

Key Duties

In fulfilling its mandate, the Athletes' Committee will perform the following key tasks:

- Ensure that athletes participate in a constructive manner in the decision-making and feedback processes of JC.
- Ensure, to the greatest extent possible, that JC policies and programs meet the needs of the athletes including by:
 - Utilizing JC staff as a resource for support or information as may be needed by the Athletes' Committee from time to time.
 - Providing effective athlete representation to the Board.
 - Presenting athletes' views and positions to the relevant decision-making body on both operational and policy issues identified by the Athletes' Committee as affecting athlete performance.
 - Reviewing the Athlete Agreement template between JC and athletes receiving funding from the Sport Canada Athlete Assistance Program prior to the Athlete Agreement being presented to the athletes.
 - Submitting an annual report to the JC Members for the Annual General Meeting covering matters addressed by the Athletes' Committee.
- Oversee the election of the Athletes' Committee Chair every four years.

Authority

The Athletes' Committee is not entitled to contract on behalf of or bind the Board or JC. The Athletes' Committee provides advice and information to the Board in accordance with its mandate and key duties.

Composition

The Athletes' Committee shall consist of the three members (the Chair plus two additional individuals) elected from athletes who are National Team members of Judo Canada or who were carded members of Judo Canada within five years of the date of their election to the Athletes' Committee ("Eligible Members"). Considering that those conditions are met:

- All gender divisions from the National Team programs will need to be represented on the Athletes' Committee at any given time.

- One athlete will need to not be currently based at the NTC.
- A maximum of one retired may sit on the Committee at any given time.

Election

- Three representatives will be elected from among the Eligible Members to form the Athletes' Committee.
- Nominees for the position of Chair will run in their own category on the ballot; the individual who receives the most votes will be named Chair.
- All nominees running for chair on the Committee will be included in a second category to fill the remaining positions on the Athletes' Committee.
- The individual elected Chair will be removed from consideration for the other Committee positions within the committee.
- Election campaign will run 45 days prior to the election of the president of the board.
- Interested candidates to submit their names no later than 15 days prior to the election.
- The High-Performance Manager will confirm that each nominee is eligible to sit on the Athletes' Committee (either a current National Team athlete or is a National Team athlete that retired less than five years prior and remains in good standing).
- In the case of a tie during the election, the President of Judo Canada will decide on the candidate.

Order of Succession

Should any member of the committee be unable to complete their term for whatever reason, the President of Judo Canada will nominate a replacement. If a new chair is needed, the committee will select a chair for themselves.

Meetings

The Athletes' Committee will meet by telephone or in person, as required. Meetings will be as called by the Chair of the Athletes' Committee. Minutes shall be taken at all official meetings. All the members of the Athletes' Committee must be in attendance to achieve a quorum for voting purposes. The High-Performance Manager will attend each meeting of the Athletes' Committee. There will be at least one face-to-face meeting of the Athletes' Committee each year.

Resources

The Athletes' Committee will receive the necessary resources from JC to fulfill its mandate.

Reporting

The Athletes' Committee will report to the Board, in writing, at the request of the Board, a minimum of once per calendar year. The Athletes' Committee will report to the Members at the Annual General Meeting in the form of a written report.

Review and Approval

The Board of Directors will review these terms of reference every four years.

POLICY 20 - PERFORMANCES BONUS

Performances bonuses will be given to athletes that accomplish these results:

Olympic/Paralympic Games (Senior)

1st: \$15 000

2nd: \$12 500

3rd: \$10 000

Senior and IBSA World Championships

1st: \$10 000

2nd: \$7 500

3rd: \$5 000

POLICY 21 - TRAVEL EXPENSES REIMBURSEMENT

Expenses will only be reimbursed for approved National Team events and projects. Normally arrangements for travel and accommodations will have been made directly by Judo Canada. When in doubt, submit a written request for approval of an expense item to Judo Canada before the expense is incurred.

Expense claim forms can be obtained from the Judo Canada office. No expense form will be processed without proper receipts and documentation.

Transportation to and from airports: ground transportation to and from the athlete's home to the airport is not covered by Judo Canada.

Ground transportation: When a personal car is used for approved travel, the rate of reimbursement is \$0.55 per km.

Air transportation: all air travel is arranged through the Judo Canada office.

Under extenuating circumstances and with the approval of the National Coach, an athlete can request alternative travel dates. The change in the ticket must be done through Judo Canada. Any alterations to an athlete's ticket at the request of the athlete, which results in an additional cost, shall be at the athlete's expense and payable prior to the change in the ticket.

Athletes who miss a flight or do not attend an event, without just cause, will be responsible for all expenses incurred.

Meals:	Asia & Europe	\$60/day
	Other	\$55/day

Other costs: Other related travel costs, such as vaccinations, registration fees, and airport tax will be reimbursed.

POLICY 22 - UNIFORM

Introduction: A National Team uniform serves to identify individuals as members of Judo Canada will provide an important means to recognize corporate sponsors and suppliers.

Definition: For this policy, the national team uniform includes judogi, track suit, gym bags or other apparel supplied by Judo Canada.

Carded Athletes: As stipulated in the Carded Athlete Agreement, carded athletes are required to wear the national team uniform while attending any events or activities. Carded athletes will be provided a national team uniform free of charge.

Other Athletes: Non-carded athletes officially selected by Judo Canada to major international competitions, such as the Cadet, Junior or Senior World Championships, for example, will be provided a national team uniform and apparel free of charge. Athletes are required to wear the national team uniform while attending the event.

Compliance: Carded athletes and other members selected to major international competitions will be expected to maintain the uniform in a clean and presentable fashion always and to wear the appropriate uniform at the appropriate time. Judo Canada has a contractual obligation to corporate sponsors and suppliers to ensure that a uniform is worn for the purposes for which it was supplied. Replacement of damage or lost uniforms will be to the athletes' responsibility.

Authority: Judo Canada has the right to discipline members that fail to comply with this policy (See web link to Policy on Discipline Procedures page 45).

POLICY 23 - ATHLETE SPONSORSHIP

Any athlete seeking sponsorship, including goods, services or funding, must first advise Judo Canada and provide copies of documentation to be used. The athlete must not imply that any solicitation or sponsorship request is being made on behalf of Judo Canada or the National Team.

For any events, completely or partially funded by Judo Canada, no athlete shall obtain sponsorship on clothing, personal belongings or other items unless such sponsorship has received written approval of Judo Canada.

POLICY 24 - ATHLETES REQUESTING CHANGE OF NATIONALITY

Judo Canada will NOT sign a release for athletes requesting a switch of nationality to compete internationally (IJF circuit) if they have met one of the following standards:

- Have been carded in the past.
- Have competed for Canada at Junior and/or Senior World championships.
- Have been funded for international events within the past three years.