



AGE AND WEIGHT DIVISION STANDARDS 2025-2026

June 30, 2025

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AGE AND WEIGHT DIVISION STANDARDS 2025–2026

As per the IJF regulations, Age refers to THE AGE AS OF DECEMBER 31st; however, for events taking place in Canada in the first four months of the season (September through December), the age is calculated as of December 31st, of the second calendar year of the season. For example for the season starting on Sept 1, 2025, and ending on Aug 31, 2026, the age will be calculated as per the age of the member on December 31, 2026.

INTRODUCTION U8, U10, U12

For the age groups of U8, U10 and U12, the mandatory competition format is:

- Round robin of 3 or 4 competitors ideally. Exceptionally round robin of 2 or 5.
- No weight classes, children are paired with closest weight with a maximum of 15% weight difference.
- Gender: Mixed for U8; Separated for U10 and U12; In exceptional circumstances gender can be mixed in the U10 division providing that parental agreement is in place.
- Hybrid age groups (U9 and U11) can be used at the discretion of the tournament director. If such hybrid age groups are employed, the year of birth of competitors must be 2 consecutive years — i.e.:
 - o U9— For season 2025/26 children born in 2018 and 2019 (rules of U10 will apply)
 - o U11 — For season 2025/26 children born in 2016 and 2017. (Rules of U12 will apply.)

U8

For the season 2025/26 children born in 2019 and later

U10

For the season 2025/26 children born in 2017 and 2018

U12

For the season 2025/26 children born in 2015 and 2016

U14

U14	
Male	Female
For the season 2025/26 children born in 2013 and 2014	
Up to and including 32 kg +32 kg up to and including 35 kg +35 kg up to and including 38 kg +38 kg up to and including 42 kg +42 kg up to and including 46 kg +46 kg up to and including 50 kg +50 kg up to and including 55 kg +55 kg up to and including 60 kg +60 kg up to and including 66 kg more than 66 kg	Up to and including 30 kg +30 kg up to and including 33 kg +33 kg up to and including 36 kg +36 kg up to and including 40 kg +40 kg up to and including 44 kg +44 kg up to and including 48 kg +48 kg up to and including 52 kg +52 kg up to and including 57 kg +57 kg up to and including 63 kg more than 63 kg

U16

U16	
Juvenile Male	Juvenile Female
For the season 2025/26 children born in 2011, 2012 and 2013*	
up to 38 kg more than 38 kg and up to 42 kg more than 42 kg and up to 46 kg more than 46 kg and up to 50 kg more than 50 kg and up to 55 kg more than 55 kg and up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg	up to 36 kg more than 36 kg and up to 40 kg more than 40 kg and up to 44 kg more than 44 kg and up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg

U18

U18	
Cadet Male	Cadet Female
For the season 2025/26 athletes born in 2009, 2010, 2011 and 2012*	
up to 50 kg more than 50 kg and up to 55 kg more than 55 kg and up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg	up to 40 kg more than 40 kg and up to 44 kg more than 44 kg and up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg

* For Early bloomers athletes approved by JC

U21

U21	
Junior Male	Junior Female
For the season 2025/26 athletes born in 2006, 2007, 2008 ,2009, 2010 and 2011**	
up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg and up to 100 kg more than 100 kg	up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg and up to 78 kg more than 78 kg

SR

SR	
Senior Male	Senior Female
For the season 2025/26 athletes born in 2011 and earlier**	
up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg and up to 100 kg more than 100 kg OPEN weight division	up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg and up to 78 kg more than 78 kg OPEN weight division

** Early bloomers permitted from 2012

VETERAN

VETERAN	
2025/26 Season — Age Divisions	
Divisions	Years born
F1/M1	1996-1992
F2/M2	1991-1987
F3/M3	1986-1982
F4/M4	1981-1977
F5/M5	1976-1972
F6/M6	1971-1967
F7/M7	1966-1962
F8/M8	1961-1957
F9/M9	1956-1952
F10/M10	1951-1947
F11/M11	1946 and earlier

VETERAN	
2025/26 Season — Weight Divisions	
<p>Time Duration 3 minutes for age divisions 1 through 6 2 minutes for age division 7 and older no limit Golden score.</p> <p>1-minute GS for M7 and older age divisions. This age division is not conducted at the National Championships. In case athletes of this and older age group enter the event and the fight is not concluded within 1 minute of the Golden Score, the winner will be declared as per the following IJF suggested solution: "If a tie exists at the end of the one-minute Golden Score the Central Referee in consultation with the Table Jury will agree on a final decision to select the winner (without calling Hantei)" Minimum Rank for a national-level event is a blue belt.</p>	
Veteran Men	Veteran Woman
up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg and up to 100 kg more than 100 kg OPEN weight division	up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg and up to 78 kg more than 78 kg OPEN weight division